

The Sacrament of Eucharist

helps sustain our relationship with God. Now we are in Christ as Christ is in us.

First Eucharist is celebrated during the Easter Season of the second year of preparation followed by several weeks of reflecting on and understanding more about the Sacrament during their regularly scheduled classes.



Guidelines for Sacrament Preparation:

- First Eucharist preparation is a two-year process.
- The child is at least seven years of age at the time the sacrament of First Eucharist is celebrated.
- The child has completed one full year of Catholic faith formation in a parish program or parochial school the year before the beginning the second year of preparation at St. John Neumann Parish.
- If the parish program or parochial school is other than St. John Neumann Parish, a letter from the parish or school stating that the child has been in the program or school the previous year must be presented at the time of registration.
- Parents or guardians are registered members of St. John Neumann Parish.
- The child is registered in and regularly attends Faith Formation sessions at St. John Neumann Parish.
- Parents attend special preparation meetings in preparation for celebrating First Reconciliation and First Eucharist of their child.

Children baptized in other faith traditions will make a Profession of Faith and then celebrate First Reconciliation and First Eucharist. The two year preparation program to celebrate First Eucharist teaches children about the real presence of Christ in the Eucharist. Active participation in the Sunday Liturgy is required.